



MY DENVER

JULY 2024 | Fireworks

GLENARM RECREATION CENTER



MY Denver Activity Hours
12 pm to 4 pm
Ages 8 - 18

Program Hours
Activity #1: 12:00PM - 1:00PM
Activity #2: 1:30PM - 2:30PM
Activity #3: 3:00PM - 4:00PM

Enrichment:
Karate
Thursdays
4:00- 5:00 pm
Kids in the Kitchen
Thursdays
12:00 - 1:00 pm
Digital Art
Wednesdays
12:30 - 2:00 pm

Calendar Subject to Change

This institution is an equal opportunity provider

Activity Key
Urban Arts and Culture
Sports and Wellness
Science, Technology and Education
Community Engagement
Social Recreation

	MON	TUE	WED	THU	FRI
	<p>1</p> <p>Activity #1 Musical Bingo w/prizes</p> <p>Activity #2 Hacky sack</p> <p>Activity #3 2 k walk</p>	<p>2</p> <p>Activity #1 Yoga Class</p> <p>Activity #2 Melting beads</p> <p>Activity #3 Cardboard bird houses</p>	<p>3</p> <p>Activity #31 Digital Art</p> <p>Activity #2 Chess class</p> <p>Activity #3 Flower seed planting</p>	<p>4</p> <p>No MY Denver Activities</p>	<p>5</p> <p>Activity #1 Solar S'mores</p> <p>Activity #2 Canvas Art</p> <p>Activity #3 Zumba class</p>
	<p>8</p> <p>Activity #1 Tornados in a Jar</p> <p>Activity #2 Pilates Class</p> <p>Activity #3 Loteria w/prizes</p>	<p>9</p> <p>Activity #1 Galaxy Jars</p> <p>Activity #2 Zumba Class</p> <p>Activity #3 Mason Jar Art</p>	<p>10</p> <p>Activity #31 Digital Art</p> <p>Activity #2 Solar S'mores</p> <p>Activity #3 Nature Art</p>	<p>11</p> <p>Activity #1 Kids in the kitchen</p> <p>Activity #2 2 k Walk</p> <p>Activity #3 Social Recreation</p>	<p>12</p> <p>Activity #1 Yoga Class</p> <p>Activity #2 Urban Arts and Culture</p> <p>Activity #3 Social Recreation</p>
	<p>15</p> <p>Activity #1 Solar S'mores</p> <p>Activity #2 2 k walk</p> <p>Activity #3 Slime</p>	<p>16</p> <p>Activity #1 DIY Lava Lamps</p> <p>Activity #2 Yoga class</p> <p>Activity #3 Zumba class</p>	<p>17</p> <p>Activity #1 Digital Art</p> <p>Activity #2 Musical Bingo w/prizes</p> <p>Activity #3 Flower seed planting</p>	<p>18</p> <p>Activity #1 Kids in the kitchen</p> <p>Activity #2 Chess class</p> <p>Activity #3 Bird nest</p>	<p>19</p> <p>Activity #1 Mason Jar Art</p> <p>Activity #2 Loteria w/prizes</p> <p>Activity #3 Rock painting</p>
	<p>22</p> <p>Activity #1 Trash pick up</p> <p>Activity #2 Musical Bingo w/prizes</p> <p>Activity #3 Tie Dye Shirts</p>	<p>23</p> <p>Activity #1 Yoga Class</p> <p>Activity #2 Chess class</p> <p>Activity #3 Loteria w/prizes</p>	<p>24</p> <p>Activity #1 Digital Art</p> <p>Activity #2 2 k walk</p> <p>Activity #3 Unicorn Horns</p>	<p>25</p> <p>Activity #1 Kids in the kitchen</p> <p>Activity #2 Zumba Class</p> <p>Activity #3 Rock painting</p>	<p>26</p> <p>Activity #1 Solar S'mores</p> <p>Activity #2 Paint bird houses</p> <p>Activity #3 Human Pinata</p>
	<p>29</p> <p>Activity #31 Chess class</p> <p>Activity #2 Flower seed planting</p> <p>Activity #3 Unicorn Horns</p>	<p>30</p> <p>Activity #1 Science, Technology and</p> <p>Activity #2 Musical Bingo w/prizes</p> <p>Activity #3 Mason Jar Art</p>	<p>31</p> <p>Activity #1 Digital Art</p> <p>Activity #2 Zumba Class</p> <p>Activity #3 Chinese Lanterns</p>		



MY DENVER

JUNE 2024 | Summertime

LA FAMILIA RECREATION CENTER



MY Denver Activity Hours
4:00PM - 6:30PM
Ages 8 - 18

Program Hours
Activity #1: 12:00PM - 1:00PM
Activity #2: 1:30PM - 2:30PM
Activity #3: 3:00PM - 4:00PM

Enrichment:
Name of Enrichment
Day/ Dates
Time

Calendar Subject to Change

This institution is an equal opportunity provider

	MON	TUE	WED	THU	FRI
	3 NO MY DENVER ACTIVITIES	4 NO MY DENVER ACTIVITIES	5 NO MY DENVER ACTIVITIES	6 NO MY DENVER ACTIVITIES	7 NO MY DENVER ACTIVITIES
	10 <u>Activity #1</u> Shaving Cream Art <u>Activity #2</u> Yoga	1 1 <u>Activity #1</u> Slimeee <u>Activity #2</u> Park Time	1 2 <u>Activity #31</u> Board Games and Prizes <u>Activity #2</u> Lego Set	1 3 <u>Activity #1</u> Ice Painting <u>Activity #2</u> HORSE Basketball	14 <u>Activity #1</u> Kickball <u>Activity #2</u> Straw Blow Painting
	1 7 <u>Activity #1</u> Lava Lamps <u>Activity #2</u> Yard Games	1 8 <u>Activity #1</u> Chalk Outside <u>Activity #2</u> Nature Walk	1 9 <u>Activity #1</u> Beach Ball Questions <u>Activity #2</u> Yoga	2 0 <u>Activity #1</u> Outline a Bridge Model <u>Activity #2</u> Appreciation Cards	2 1 <u>Activity #1</u> Bead Bracelets <u>Activity #2</u> Outside Race
	2 4 <u>Activity #1</u> Poetry Slam Prep <u>Activity #2</u> KIDS CHOICE	2 5 <u>Activity #1</u> Basketball <u>Activity #2</u> Board Games with Prizes	2 6 <u>Activity #1</u> KIDS CHOICE <u>Activity #2</u> Poetry Slam Prep	2 7 <u>Activity #1</u> Complete Bridge Activity <u>Activity #2</u> Yoga Outside	2 8 <u>Activity #1</u> Melt Beads <u>Activity #2</u> Poetry Slam

Activity Key
Urban Arts and Culture
Sports and Wellness
Science, Technology and Education
Community Engagement
Social Recreation