



JULY 2024

THIS MONTH'S THEME:

STAYING COOL!!

MY DENVER YOUTH ACTIVITIES

SOUTHWEST RECREATION CENTER

MONDAY

1 **Activity #1**
Kick Ball

Activity #2
Perler Beads

Activity #3
Nature Walk

8 **Activity #1**
Make Bubbles

Activity #2
Drawing and Painting

Activity #3
Boardgames

15 **Activity #1**
Water Painting

Activity #2
Flag Football

Activity #3
Playground/Nature Walk

22 **Activity #1**
Playground

Activity #2
Popsicle Stick Jewelry Boxes

Activity #3
Swimming

29 **Activity #1**
Slime

Activity #2
Still Life Drawing

Activity #3
Board games

TUESDAY

2 **Activity #1**
Hula hoop chain

Activity #2
Open Sports

Activity #3
Playground/Swimming

9 **Activity #1**
Scavenger Hunt

Activity #2
Human Foosball

Activity #3
Freeze Tag

16 **Activity #1**
Bottle Tornadoes

Activity #2
Kickball

Activity #3
Open Gym

23 **Activity #1**
Nature Drawing

Activity #2
Open Gym

Activity #3
Relay Racing

30 **Activity #1**
Playground

Activity #2
500/Outside Sports

Activity #3
Swimming

WEDNESDAY

3 **Activity #1**
Capture the Flag

Activity #2
500

Activity #3
Arts and culture

10 **Activity #1**
Bird Watch

Activity #2
Soccer

Activity #3
Playground

17 **Activity #1**
Swimming

Activity #2
Arts and Crafts

Activity #3
Choice Day

24 **Activity #1**
Swimming

Activity #2
Kickball

Activity #3
Arts and Crafts

31 **Activity #1**
Paper Origami

Activity #2
Swimming

Activity #3
Dodgeball

THURSDAY

4 NO MY Denver
Activities

Independence Day

11 **Activity #1**
Key Chains

Activity #2
Dodgeball

Activity #3
Card/Board games

18 **Activity #1**
Colored Pencil Drawing

Activity #2
Pickleball

Activity #3
Board Games

25 **Activity #1**
Water Painting

Activity #2
Capture the Flag

Activity #3
Nature Walk

FRIDAY

5 NO MY Denver
Activities

12 **Activity #1**
Swimming

Activity #2
Open Sports

Activity #3
Arts and Crafts Choice

19 **Activity #1**
Mini Volcanos

Activity #2
Basketball

Activity #3
Swimming

26 **Activity #1**
Open Gym

Activity #2
Swimming

Activity #3
Free Hand Drawing

ACTIVITY KEY

- Urban Arts & Culture
- Sports & Wellness
- Science, Technology & Education
- Community Engagement
- Social Recreation

Calendar subject to change

ACTIVITY INFORMATION

Monday - Friday:

12:00 - 4:00 PM | Ages: 8-18
Schedule

Activity #1: 12:00-1:00 PM

Activity #2: 1:30-2:30 PM

Activity #3: 3:00 -4:00 PM

Enrichments

Enrichment Name: Day 2:30-4:00 PM

LUNCH:

Monday - Friday:

12:00 PM - 1:00 PM

This institution is an equal
opportunity provider

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DENVER
PARKS & RECREATION