**July 2024**

**My Denver Youth Activities**

Southwest Recreation Center

**Activity Information**

<table>
<thead>
<tr>
<th>Activity #1</th>
<th>Activity #2</th>
<th>Activity #3</th>
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<tr>
<td>Kick Ball</td>
<td>Hula hoop chain</td>
<td>Capture the Flag</td>
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<td>Perler Beads</td>
<td>Open Sports</td>
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<tr>
<td>Nature Walk</td>
<td>Playground/Swimming</td>
<td>Arts and culture</td>
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**Monday**

1. Activity #1: Kick Ball
2. Activity #2: Hula hoop chain
3. Activity #3: Capture the Flag

**Tuesday**

1. Activity #1: Scavenger Hunt
2. Activity #2: Human Foosball
3. Activity #3: Free Tag

**Wednesday**

1. Activity #1: Bird Watch
2. Activity #2: Soccer
3. Activity #3: Playground

**Thursday**

1. Activity #1: Key Chains
2. Activity #2: Dodgeball
3. Activity #3: Card/Board games

**Friday**

1. Activity #1: Swimming
2. Activity #2: Open Sports
3. Activity #3: Arts and Crafts Choice

**Activity Key**

- Urban Arts & Culture
- Sports & Wellness
- Science, Technology & Education
- Community Engagement
- Social Recreation

**Activity Information**

- **Monday - Friday:** 12:00 - 4:00 PM | Ages: 8-18
- **Schedule**
  - Activity #1: 12:00-1:00 PM
  - Activity #2: 1:30-2:30 PM
  - Activity #3: 3:00 - 4:00 PM

**Calendar subject to change**

**Lunch:**

Monday - Friday: 12:00 PM - 1:00 PM

This institution is an equal opportunity provider

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